



Department of Mental Health  
*Safe Passages-DC Children Inspired Now Gain Strength (CINGS)*



School Mental Health Activities  
May-June 2004

**Edison Friendship Charter School**, Avise Watts 202-671-3107

*Prevention Activities:*

Pregnancy Prevention Group- Every Thursday

*Group Counseling/ Therapy Topics:*

Coping skills group- Every Tuesday

Trauma girls group- Every Tuesday

Anger Management- Every Wednesday

Violence prevention girls group- Every Wednesday

*School Staff Trainings or Presentations (including in-services):*

Stress reduction for teachers- Tuesday, May 11

*Other Activities:*

Poetry Night - Friday, May 28

**Wheatley ES**, Corliss Walker, 202-671-3107

*Prevention Activities:*

Substance Abuse 3<sup>rd</sup> and 4<sup>th</sup> graders

Good Touch Bad Touch 5<sup>th</sup> and 6<sup>th</sup> graders

Re Think 5<sup>th</sup> and 6<sup>th</sup> graders

Behavior Program 5<sup>th</sup> and 6<sup>th</sup> graders

Growth & Development 5<sup>th</sup> and 6<sup>th</sup> grade males  
(Fletcher Johnson)

*Group Counseling/ Therapy Topics:*

Anger Expression

Cooperation

Dealing w/ fears

*School Staff Trainings or Presentations (including in-services):*

Stress Management/ Relaxation

What is Mental Health?

How to access Mental Health Services?

**Meridian Public Charter School**, Andrea Burgio-Murphy, 202-671-3107

*Prevention Activities:*

School-Wide Relaxation Training, Good Touch/ Bad Touch- Every Tuesday & Thursday (April & May)

*Group Counseling/ Therapy Topics:*

Anger Management, Social Skills, Grief and Loss- Thursdays (1pm-2pm)

*School Staff Trainings or Presentations (including in-services):*

Relaxation/ Stress Reduction and Its Impact on Health

**IDEA Public Charter School**, Rosemary Culver, 202-671-3107

*Prevention Activities:*

Rites of Passage & Mentor Program, Conflict Mediation Group

Get it off Your Chest Group, MA Group (Marijuana

Anonymous)

Classroom Workshop on Peer Pressure

**Miner Elementary School**, Monica Woodard, 202-671-3107

*Group Counseling/ Therapy Topics:*

Grief and Loss Groups- Tuesday, May 4<sup>th</sup> and Tuesday, May 11<sup>th</sup>

*Parent Support Centered Support Program Activities:*

Depression- Thursday, May 13<sup>th</sup>

Children and Grief- Thursday, May 20<sup>th</sup>

The Impact of Substance Abuse on Children- Thursday, May 27<sup>th</sup>

**Thurgood Marshall ES/MS**, Shawn Callaway, 202-671-3107

*Prevention Activities:*

Gang Resistance Educational Program

Building Future Youth

Fire Safety Tips For All

Teen Life Choices-Career Day

*Group Counseling/ Therapy Topics:*

Conflict Resolution

Decision Making

Handling Anger

*School Staff Trainings or Presentations (including in-services):*

Sensitivity Workshop for the staff (Staff Development)-

Wednesday, May 19<sup>th</sup>

**LaSalle Elementary School**, Bonita James Toorie, 202-671-3107

*Prevention Activities:*

Classroom presentations on self-esteem, bullying and other mental health related topics

*Any other Activities:*

Parent Presentations at Miner Elementary School: depression, grief and loss and impact of substance abuse



Government of the District of Columbia  
Anthony A. Williams, Mayor

[www.dmh.dc.gov](http://www.dmh.dc.gov)  
1-888-793-7500  
DC CINGS 202-671-4155



Department of Mental Health  
Wartha B. Knisley, Director

**Fletcher Johnson ES**, Desiree McClure, 202-671-3107

*Prevention Activities:*

“Girls Breaking it Down” G-TREM, Female Peer Mediation Group (4<sup>th</sup> grade), Good Touch/Bad Touch (4<sup>th</sup> grade class)

*Group Counseling / Therapy Topics:*

Hot Kidz- Substance Abuse Prevention  
Friend Stars

**Gibbs Elementary School**, James DelGiuce, 202-671-3107

*Prevention Activities:*

depression fact sheet for school newspaper  
parent presentation on dealing with angry children

*School Staff Trainings or Presentations (including in-services):*

Slam Your Stress Presentation for School Staff

**Eliot Junior High School**, Nikki Blass, 202-671-3107

*Prevention Activities:*

Girl Power- 3 times a week (50mins. – 2 hours) 7<sup>th</sup>, 8<sup>th</sup>, and 9 grade

Positive Young Men- Wednesdays, 1/ week for 1 hour

Life Skills Training- 1/week (50 mins.) 8<sup>th</sup> grade class

**Davis Elementary School**, Amy Mack, 202-671-3107

*Prevention Activities:*

RETHINK- 1<sup>st</sup> grade class

Good Touch / Bad Touch- 2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup> grades (planned)

Stress Reduction (de-stress) Group for Parents

*Group Counseling/Therapy Topics:*

Self-Esteem (Girl Power) 4<sup>th</sup> and 5<sup>th</sup> grades

Grief and Loss

*School Staff Trainings or Presentations (including in-services):*

Hoping to do an Abuse ID Workshop w/ teachers

**Village Charter School**, Charnetta Scott, 202-671-3107

*Prevention Activities:*

Parent Workshop (Understanding needs of self & child)- (5/21)

Resilience Classroom Based Sessions- (5/6, 5/13, 5/20, 5/27)

Good Touch/Bad Touch Sessions- (5/4, 5/5, 5/11, 5/12, 5/18, 5/19, 5/25, 5/26)

**SAIL Public Charter School**, Julie Goldstien, 202-671-3107

*Prevention Activities:*

Good Touch/ Bad Touch

HIV Prevention

“Caught You Being Kind” coupons

**Studio Public Charter School**, Anna Garcia. 202-671-3107

*Prevention Activities:*

How to recognize stress

Learning to deal with stress (School-wide presentation)

*Group Counseling/ Therapy Topics:*

Conflict Resolution

Team Building

Social Skills

*School Staff Trainings or Presentations (including in-services)*

Stress Reduction for Teachers and School Staff

**SEED Chartered School**, Shelly Glick-Spizuoco and Samantha Madhosing, 202-671-3107

*Prevention Activities:*

Stress Management

Teen Pregnancy Prevention

*Group Counseling/ Therapy Topics:*

Conflict Resolution

Girls Empowerment Group

Girls Support Group

**Emery Elementary School**, Julie Liu, 202-671-3107

*Prevention Activities:*

Anger Management- Learning new strategies

*Any other Activities:*

Understanding psychotropic medications for parents

Depression in children for parents

**Evans Middle School**, Eva Ramsey, 202-671-3107

*Prevention Activities:*

Classroom presentation on gossip and tapping into positive relationships